

Opioid Agonist Therapy CONFERENCE 2019

Safer Prescribing, Better Care,
Transitioning to Recovery

CONFERENCE INFORMATION

March
22-23, 2019



Delta by Marriott
Regina, Saskatchewan

Brought to you by the Opioid Agonist Therapy Program at the
College of Physicians and Surgeons of Saskatchewan
cps.sk.ca



OATP Opioid Agonist
Therapy Program



is GOING GREEN!
This conference will be paperless.

What it's all about...



UNDERSTAND

- the importance of an integrated, multidisciplinary approach to the continuum of care.

LEARN HOW TO

- manage and monitor methadone and buprenorphine/naloxone safely, in the context of Opioid Use Disorder.
- manage comorbid physical and psychological conditions.

APPRECIATE

- the benefits of Opioid Substitution Therapy to enable the transition to recovery.
- the value of a coordinated community-based approach to Opioid Use Disorder.

When & where?

Friday, March 22, 2019

Registration 12:00-12:50 pm; Workshops 12:55 to 5 pm

Saturday, March 23, 2019

Breakfast 7:30-8:15 am, Workshops 8:15 am-5:00 pm

Delta by Marriott

1919 Saskatchewan Drive, Regina, SK

To book a hotel room: <https://bit.ly/2RNc3PZ>

<https://bit.ly/2HZGGSH>

REGISTRATION - FEB 25-MAR 12, 2019

LATE REGISTRATION - AFTER MAR 12, 2019

Questions? Contact Lorie at oatp@cps.sk.ca or at 306-244-7355.

Who should attend?

Physicians, Nurse Practitioners, Pharmacists, Nurses, Addictions Counselors, and other individuals working with patients undergoing opioid agonist therapy would benefit from the valuable information and presentations that will be offered at this conference.

**This course meets the CPSS educational requirements outlined in the OATP policies, which describe the requirements to become an Opioid Agonist Therapy approved prescriber.

Proper attendance and submission of an evaluation form at the end of the conference are required to obtain credit. Your certificate will be sent to you post-conference via e-mail.



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Your sessions...

Friday, March 22, 2019



TIME	TOPIC	
12:00 pm	Registration	
12:55	Introduction	Dr. Liskowich
1:00	1. CPSS Guidelines and Standards	Dr. Markentin
1:40	2. The Process of Addiction	Dr. Butt
2:40	Break	
3:00	3. Opioid Agonist Therapy: Benefits and Risks	Dr. Melle
3:30	4. Professionalism	Brenda Senger
4:00	5. Patient Assessment and Suitability	Dr. Markentin
4:30	Q&A - Panel Discussion	Dr. Markentin, Dr. Butt, Dr. Melle, Brenda Senger
4:45-5:00	Wrap-up for Day 1	Dr. Liskowich

Saturday, March 23, 2019

TIME	TOPIC	
7:30	Breakfast	
8:15	6. Dosing in Opioid Agonist Therapy	Dr. Butt
8:45	7. Urine Drug Screen to Optimize Treatment	Dr. Markentin
9:15	8. Carries - Balancing Safety and Access	Dr. Hamilton
9:45	9. Beyond Dispensing: The Role of a Pharmacist in Opioid Substitution Therapy	Matthew Manz
10:15	Q & A - Panel Discussion	Dr. Markentin, Dr. Butt, Dr. Hamilton, Matthew Mann



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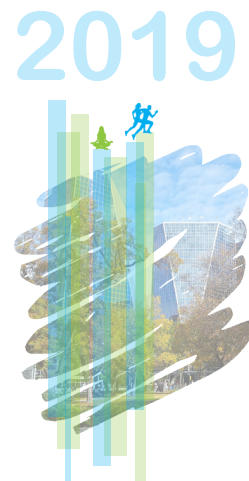
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...Saturday, March 23, 2019 cont'd



10:30	Break	
10:45	10. Discontinuation: Voluntary and Involuntary Withdrawal	Dr. Wildenboer
11:15	11. Psychiatric Comorbidity with Substance Misuse – Treating addiction in patients with comorbid mental illness	Dr. Udoh
12:15	Q&A - Panel Discussion	Dr. Wildenboer Dr. Udoh
12:30	Lunch	
1:15	12. Universal Screening and Simplified Management of Blood-Borne Infections for Persons Receiving Opioid Agonist Therapy - A Practical Approach	Dr. Wong
2:00	13. Managing Concurrent Pain & Addictions/ Substance Use Disorder	Dr. Marwah
3:00	14. Pregnancy	Dr. Markentin
3:30	Q&A - Panel Discussion	Dr. Wong, Dr. Marwah, Dr. Markentin
3:45	Break	
4:00	Closing Expert Panel Discussion	Dr. Markentin, Dr. Butt, Dr. Marwah
4:45 – 5:00	Closing Remarks	Dr. Markentin

We're green!
Certificates will be emailed to you
at the end of the conference.



Your Workshops...

1. CPSS Guidelines and Standards

- New CPSS Guidelines and Standards
- Essential standards documenting and meeting guidelines
- Criteria for prescribing methadone and suboxone
- The different categories of prescribers

2. The Process of Addiction

- Learn the characteristics of a Substance Use Disorder
- Explore the risk factors for developing an addiction
- Understand the process in and out of addiction
- Explore the current structure of treatment and the requirements for successful remission

3. Opiate Agonist Therapy: Benefits and Risks

- Risks of opiate addiction lifestyle
- Benefits of Opiate Agonist Therapy
- Barriers to treatment
- Differentiate Suboxone from Methadone

4. Professionalism

- Understand the six domains of professionalism
- Understand the importance of maintaining professional boundaries
- Explore challenging patient behaviours that may impact our professional behavior and develop more effective strategies

5. Patient Assessment and Suitability

- What we are assessing and why
- Clinical assessment processes, including comorbidities
- Informed consent regarding OST, its potential side effects and program restrictions
- Inclusion of family physician
- Engagement in recovery activity

6. Dosing in Opioid Agonist Therapy

Learn how to do the following for both methadone and buprenorphine/naloxone:

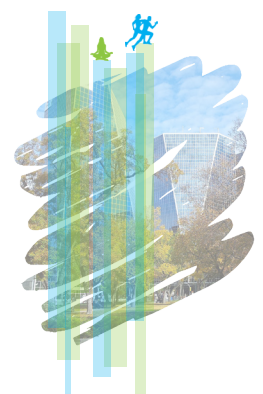
- Induction
- Adjustments
- Maintenance
- Tapers

7. Urine Drug Screen to Optimize Treatment

- Understand the benefits and limitation of UDS
- Become skillful in a therapeutic approach
- Learn how to introduce UDS in one's practice



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8. Carries - Balancing Safety and Access

- Review the provincial standards and guidelines
- Consider the pros and cons of carried doses
- Place management of carries in a therapeutic context
- Case discussions

9. Beyond Dispensing: The Role of a Pharmacist in Opioid Substitution Therapy

- Understand the challenges pharmacists face in the opioid epidemic
- Understand the role of pharmacists in OST and how that role is evolving
- Understand there is more going on behind the scenes than just counting and labelling

10. Discontinuation: Voluntary and Involuntary Withdrawal

- Review the indications for discharge
- Involuntary: Understand the basic process of ending the physician-patient relationship
- Voluntary: Weaning a patient safely off opioid maintenance therapy
- Explore the balance between patient-centered care and the need for staff safety and mutual respect

11. Psychiatric Comorbidity with Substance Misuse – Treating addiction in patients with comorbid mental illness

- Be able to identify high risk individuals
- Be able to make a diagnosis of substance use disorder with comorbid primary mental health disorders
- Formulate evidence-based treatment plans

12. Universal Screening and Simplified Management of Blood-Borne Infections for Persons Receiving Opioid Agonist Therapy - A Practical Approach

- Review the rationale for universal screening of blood-borne infections including HIV and Hepatitis B / C for all persons receiving or being initiated on opioid agonist therapy
- Review current screening techniques and algorithms in the province of Saskatchewan for HIV and Hepatitis B / C
- Understand whom to refer to, resources available, and how to manage persons with positive test results for HIV and Hepatitis B / C

13. Managing Concurrent Pain & Addictions/Substance Use Disorder

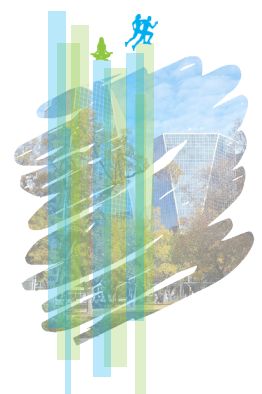
- Discuss evidence on use of opioids in chronic non cancer pain (CNCP)
- Learn about screening for Drug Aberrant Behaviour
- Discuss management of CNCP in Substance Use Disorder (SUD) patients with examples
- Discuss management of acute pain in Opioid Agonist Therapy and SUD
- Understand and mitigate challenges for good concurrent care

14. Pregnancy

- Explore the changes that occur during/because of pregnancy
- Discuss the opportunities to promote change
- Postpartum considerations



2019



Your Presenters...

Dr. Peter Butt

Dr. Peter Butt is a graduate of McMaster University and a Certificant and Fellow with the College of Family Physicians of Canada. He serves as an Associate Professor in the Department of Academic Family Medicine at the University of Saskatchewan and a consultant in Addiction Medicine within the Saskatchewan Health Authority. In addition to teaching, research and clinical duties he has served on various provincial and national committees relating to substance use.

Dr. Erin Hamilton

Dr. Hamilton is a family physician practicing in North Battleford. She has been working in a team-based opiate addiction treatment program for the past three years. Dr. Hamilton would prefer to be performing on Broadway, but since she says she can't sing, this is a great second choice of career.

Mr. Matthew Manz

Matthew Manz was born and raised in Regina. He attended the University of Saskatchewan and graduated from Pharmacy in 2010. After graduation, Matthew and his family settled in Weyburn for three years before moving back to Regina. In 2014, he and his wife opened The Medicine Shoppe on Dewdney Ave and have learned quickly the challenges of working in the inner city.

Dr. Morris Markentin

Dr. Markentin is the medical manager of the Methadone Program at the College of Physicians and Surgeons of Saskatchewan and has been for the past five years. He has been prescribing methadone for eleven years and practicing since 1998. He provides clinical services at the Saskatoon Community Clinic and the Methadone Assisted Recovery Services (Saskatoon Health Region).

Dr. Radhika Marwah

Dr. Marwah has been a family physician since 2015. She also holds several other roles in Regina including: Physician Lead at the Chronic Pain Clinic, SHA, since 2016; Physician Lead-Chronic Pain Specialty, Opioid Stewardship Program; Advisory member-ECHO for Chronic Pain and Opioid Use Disorder since 2018; Palliative Physician since 2015 and Physician at the Correctional Centre since 2017. In addition to her MBBS and MD, she holds a Masters in Addictions and Mental Health (University of Toronto), has been a CAMH Anesthesiologist and Pain Clinician in India for over 15 years; and an Interventional Pain Clinician for seven years.

Dr. Jess Melle

Dr. Melle has lived and worked in Rosthern in Family and Emergency Medicine for the last 10 years. Addictions medicine has been an area of focus for him for the last seven years. He has recently started a more comprehensive addictions program at Beardy's Reserve, with an aim to focus on *On Reserve* treatment, dispensing, and counseling, as well as a goal to incorporate traditional aboriginal counseling and healing methods for treatment.

Your MC & Hosts...

Dr. Liskowich

Physician, MD, CCFP, Academic Family Medicine

Lorie Langenfurth

Co-Manager, Prescription Review Program

Liisa

Analyst, Prescription Review Program

Ms. Brenda Senger

Brenda Senger has worked as a Registered Psychiatric Nurse for the last 38 years. Her experience includes forensic psychiatry, adolescent psychiatry, adult psychiatry, geriatric nursing, residential addiction treatment, and community addiction treatment as the counsellor in the Methadone Assisted Recovery Program. For the last 15 years, she has worked as the Director of the Physician Support Programs at the Saskatchewan Medical Association. More importantly, she is an MMOT – married mother of 2 boys!

Dr. Godwin Udoh

Dr. Udoh is a consultant in General Adult/Substance Misuse psychiatry. He is a Fellow of the Royal College of Physicians of Canada (FRCPC) and a member of the Royal College of Psychiatrists, UK (MRCPsych/CCT). He holds a Master of Science (MSc) in Public Health/Health Service Management, a Master of Health Sciences (MHSc.) in clinical education and a Doctorate Research Fellow (PhD) in Educational Research, Lancaster University, UK (ongoing). In his current practice, he is a consultant psychiatrist at Regina General Hospital and Regina Mental Wellness (community based) as well as an attending psychiatrist at both the Addiction Treatment Centre and the Harm Reduction and Methadone Clinic Regina. Dr. Udoh's favourite soccer team is the Arsenal FC, UK.

Dr. Wilhelmina (Wilna) Wildenboer

Dr. Wilna Wildenboer is a Fellow of the College of Family Physicians of Canada and is board certified by the American Board of Addiction Medicine since 2004. She holds a position as Clinical Assistant Professor of the University of Saskatchewan College of Medicine. She is currently working as a hospitalist in the Accountable Care Units of Pasqua Hospital. She is also an opioid maintenance therapy physician at an addiction clinic in Regina and works at the Secure Youth Detox Centre at Regina General Hospital. She has a special interest in Addiction Medicine and Palliative Care.

Dr. Alexander Wong

Dr. Wong is an infectious diseases physician with the Saskatchewan Health Authority and Assistant Professor with the University of Saskatchewan. His clinical interests include HIV and HCV therapeutics, particularly around optimizing care and engagement strategies in marginalized populations including persons who use drugs, and persons who are incarcerated. He is an active researcher and collaborates closely with the Public Health team in Regina on numerous research and clinical initiatives. He is developing an interest in addictions medicine and would like to learn how to best optimize the care of persons with concurrent addictions and blood-borne infection to improve the provincial HIV and HCV cascades of care.